

# A Matter of Substance



A Publication of the IDPH  
Bureau of Substance Abuse

April 2021  
Quarterly Publication  
Bureau of  
Substance Abuse

IDPH • Lucas State Office Building • 321 East 12th St., Des Moines, IA 50319 • [www.idph.iowa.gov](http://www.idph.iowa.gov)



## April Matter of Substance Newsletter Update:

This quarter, the Matter of Substance Newsletter will be focusing solely on upcoming trainings and events. The July Matter of Substance Newsletter will resume as normal. If you have any Matter of Substance questions,

please contact [kayla.sankey@idph.iowa.gov](mailto:kayla.sankey@idph.iowa.gov). For more information about the IDPH Bureau of Substance Abuse, please visit <http://idph.iowa.gov/bh>.

## 44th Annual Iowa Governor's Conference on Substance Abuse

Registration is Open! The 44th Annual Iowa Governor's Conference on Substance Abuse will be held virtually from May 18th-20th, 2021.

Speakers will tackle difficult topics related to COVID-19, improving the workforce and services of Iowa's behavioral health professionals. On the third day, the Iowa Governor's Conference on Substance Abuse will offer a Day of Hope, with a full day of inspirational speakers sharing about their lived experience.

For more information, please visit <https://www.regcytes.extension.iastate.edu/gcsa/>.

To register, please visit <https://www.regcytes.extension.iastate.edu/gcsa/registration/>.

### Registration Open! The 44th Annual Iowa Governor's Conference on Substance Abuse



#### Mark Your Calendar: May 18-20, 2021

The Iowa Governor's Conference on Substance Abuse will be held virtually. More information coming soon.

#### Registration Open!

The Iowa Department of Public Health invites you to attend the next Iowa Governor's Conference on Substance Abuse. To register [click here](#) or to find out more information about the event, please visit the [event website](#).

Our Mission: Protecting and Improving the Health of Iowans.  
Our Vision: Healthy Iowans in Healthy Communities.



February 2021



## Training Spotlight



## Prevention Solutions Trainings

The IDPH Bureau of Substance Abuse has purchased a variety of on demand trainings and are making them available for free to IDPH prevention contractors and Iowa prevention professionals, stakeholders and coalition members. On demand trainings are available 24 hours a day.

These courses are offered through Prevention Solutions at EDC which provides training and expert consultation to support public health agencies and organizations working to address substance misuse and related problems in communities. All courses are endorsed by the International Certification and Reciprocity Consortium (IC&RC). Selected courses are also approved for CHES/MCHES contact education hours. Certificates for training hours are provided upon completion.

To request participation in any training course listed below, click on the course title and fill out the registration form. A training course access letter will then be provided via email after the registration form is submitted. Participants have thirty days to complete each course once registered. **All training courses must be finished by May 31, 2021.**

For additional information on the trainings listed below, go to <https://preventionsolutions.edc.org/services/online-courses>.

**Available Courses:**

- [Focusing on Focus Groups: An Implementation Guide for Substance Abuse Prevention Practitioners](#)
- [Go Get It! Finding Existing Data to Inform Your Prevention Efforts](#)
- [Introduction to Substance Abuse Prevention: Understanding the Basics](#)
- [Involving Youth in Your Substance Abuse Prevention Program](#)
- [Opioid Overdose Prevention: Understanding the Basics](#)
- [Making the Most of Key Informant Interviews](#)
- [Prevention SustainAbilities: Planning for Success](#)
- [Prevention SustainAbilities: Understanding the Basics](#)
- [What is the SPF? An Introduction to SAMHSA's Strategic Prevention Framework](#)

## Additional Trainings

**Substance Abuse Prevention Ethics for Certification Training (virtual)**

June 23-24, 2021 from 1:00pm-4:30pm (on the 23rd) and 8:30am-12:00pm (on the 24th)

**Substance Abuse Prevention Ethics for Recertification Training (virtual)**

May 5, 2021 from 8:30am-12:00pm  
August 4, 2021 from 8:30am-12:00pm

**Substance Abuse Prevention Skills Training (virtual)**

June 16-17, 2021 and July 14-15, 2021 from 8:00am-4:30pm (FYI, this is one training - the dates happen over two months)

Registration for all above trainings can be found on the [Midwest Counterdrug Training Center website](#).





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## Training Spotlight



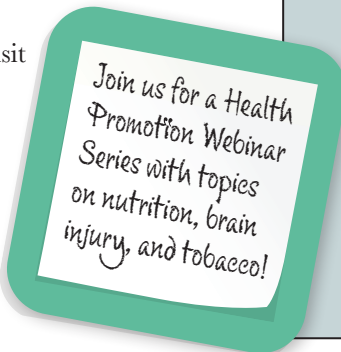
Important Information!

## Health Promotion Webinar Series

Registration is Open! The 2021 Health Promotion Webinar Series is a part of the Iowa Department of Public Health's Promoting the Integration of Primary and Behavioral Health (PIPBHC) grant initiatives. The purpose of this webinar series is to provide trainings on integrated care for primary and behavioral healthcare providers for individuals with substance use disorders.

- **May 13, 2021 – 1:00pm-2:30pm** Supporting Healthy Lifestyles Among Iowans with Low Income
- **May 25, 2021 – 2:00pm-3:30pm** The Intersection of Brain Injury and Multi-occurring Conditions
- **June 9, 2021 – 10:30am-12:00pm** Tobacco Prevention and Cessation in Integrated Care Settings

For more information and to register, please visit <https://www.regcytes.extension.iastate.edu/pipbhc/health-promotion-webinars/>.



### REGISTRATION OPEN! 2021 HEALTH PROMOTION WEBINAR SERIES



#### Training Dates:

May 13, 2021, 1:00 - 2:30 pm  
Supporting Healthy Lifestyles Among Iowans with Low Income

May 25, 2021, 2:00 - 3:30 pm  
The Intersection of Brain Injury and Multi-occurring Conditions

June 9, 2021, 10:30 - 12:00pm  
Tobacco Prevention and Cessation in Integrated Care Settings

The 2021 Health Promotion Webinar Series is a part of the Iowa Department of Public Health's Promoting the Integration of Primary and Behavioral Health (PIPBHC) grant initiatives. The purpose of this webinar series is to provide webinar trainings on integrated care for primary and behavioral healthcare providers for individuals with substance use disorders.

#### INFORMATION

For more information about each webinar, please visit <https://www.regcytes.extension.iastate.edu/pipbhc/health-promotion-webinars/>.

To register for the webinar series, [click here](#).

For questions about program content, please contact Sarah Vannice at [sarah.vannice@idph.iowa.gov](mailto:sarah.vannice@idph.iowa.gov).

#### QUESTIONS?



## Stacked Deck: Virtual Prevention Training

Registration is now open for Stacked Deck Virtual Training, which will be held April 26-28, 2021. Please register before April 15 to receive required materials, which will be mailed to you before the training. Registrations after April 15 will be taken on a case by case basis, please contact [aroberts@iastate.edu](mailto:aroberts@iastate.edu).

**After completing the training, the participant will be able to:**

- Identify the history of gambling expansion in the United States;
- Learn how the expansion of gambling has impacted American culture;
- Describe youth gambling and problem gambling;
- Facilitate the Stacked Deck curricula.

For more information <https://www.regcytes.extension.iastate.edu/responsible/stacked-deck-virtual-training/>.

To register <https://www.regcytes.extension.iastate.edu/responsible/register/>.





Please Read!

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## Training Spotlight



### Ethical Highlights for Behavioral Health Practice: 2021

Join the Mid-America Technology Transfer Center (Mid-America ATTC) for a three-and-a-half-hour presentation on professional ethics for behavioral health professionals. During this session, Dr. Mita Johnson, President of the National Association for Alcoholism and Drug Abuse Counselors (NAADAC), will share insights and best practices from her 30-plus years of professional counseling practice. This training is available only to individuals working in HHS Region 7 States (Iowa, Kansas, Missouri, and Nebraska). Registration is free and required.



#### Topics:

- ✓ Boundary issues/dual relationships
- ✓ Scope of practice
- ✓ Safe and ethical use of technology
- ✓ Appropriate referral for treatment
- ✓ Being an ethical professional
- ✓ How to represent yourself
- ✓ Culture of treatment within an ethical context

**Questions?** Contact Bree Sherry at [sherryb@umkc.edu](mailto:sherryb@umkc.edu).  
**To Register** [click here](#).

### Problem Gambling Services Lunch & Learn Training Series

Registration is open! The Iowa Department of Public Health is offering a Problem Gambling Services Lunch and Learn webinar series. The series consists of 24 one-hour sessions to be held on Tuesdays and Thursdays during the noon hour beginning April 13, 2021 and concluding on July 1, 2021.

Participants will learn and expand their understanding of gambling, the continuum of problem gambling and gambling treatment (how to assess, plan and implement person centered treatment and recovery support) and the outreach efforts necessary to raise awareness of problem gambling and to enhance/building community referral pathways.

- **April 13 & 15:** Introduction to Gambling Treatment (Part 1 & 2)
- **April 20 & 22:** Gambling Assessment (Part 1 & 2)
- **April 27 & 29:** Gambling: ASAM Criteria (Part 1 & 2)
- **May 4 & 6:** Gambling Pathways (Part 1 & 2)
- **May 11, 13, 18, 20:** Gambling Counseling (Part 1, 2, 3 & 4)
- **May 25 & 27, June 1 & 3:** Gambling Finances (Part 1, 2, 3 & 4)
- **June 8 & 10:** Gambling: Family Dynamics (Part 1 & 2)
- **June 15 & 17:** Gambling: Criminal Justice (Part 1 & 2)
- **June 22 & 24:** Managing Gambling Recovery (Part 1 & 2)
- **June 29 & July 1:** Community Outreach (Part 1 & 2)

While these trainings are complimentary, registration is required. CEU's have been applied for with the Iowa Board of Certification. Attendants must provide their name, and attend the entire hour of each session to be eligible for CEU's. [Register here](#).



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Take Note



## Training Spotlight

### CCAR

Online Offerings for Iowa Residents...

#### Recovery Coach Academy Ethical Considerations for Recovery Coaches

In collaboration with CT Department of Children and Families, the following CCAR training programs will be offered online to Iowans through a voucher program (vouchers are limited):

##### Recovery Coach Academy - 30 Contact Hours

A: June 7-11, 2021, 10:00 a.m. to 2:00 p.m. (EST) *or*  
B: June 28-July 2, 2021, 10:00 a.m. to 2:00 p.m. (EST) *or*  
C: July 12-14, 2021, 10:00 a.m. to 2:00 p.m. (EST)

##### Ethical Considerations for Recovery Coaches - 16 Contact Hours

A: June 23-25, 2021 10:00 a.m. to 2:00 p.m. - 6/25 will end at 12:00 p.m. (EST), *or*  
B: July 19-21, 2021, 10:00 a.m. to 2:00 p.m. - 7/21 will end at 12:00 p.m. (EST).

For any questions about the online offerings or to inquire about the voucher, please email [sor@idph.iowa.gov](mailto:sor@idph.iowa.gov).

### REGISTRATION OPEN FOR THE 2021 TRAINING "Identifying Opioid Misuse"

There will be one more opportunity for you to attend this one day event on understanding the impacts of opioid use for the individual, the community and the nation.

Limited  
Space available!

✓ April 22nd

10 a.m. - 3:45 p.m. CST. Lunch will be held from 12 - 1 p.m.

Each date will cover the same set of topics, participants should only attend one.

**Training Objectives:** The training objectives for participants are to

- 1) List the individual and community impacts of opioid misuse;
- 2) Identify an evidence based strategy to screen and address substance misuse; and
- 3) Identify appropriate opioid overdose recognition and response strategies.

Please visit <https://www.regcytes.extension.iastate.edu/opioidmisuse/> for registration

The "Identifying Opioid Misuse" training is sponsored by the Iowa Department of Public Health and funded by the Office on Women's Health and Substance Abuse Mental Health Services Administration, Department of Health and Human Services. For more information, please contact Jennifer Robertson-Hill at [jennifer.robertson-hill@idph.iowa.gov](mailto:jennifer.robertson-hill@idph.iowa.gov).



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For more information about the IDPH Bureau of Substance Abuse, visit <http://idph.iowa.gov/bh>. For questions related to "A Matter of Substance," contact editors:

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